

GLYCEMIC MANAGER™ GLUCOSE SUPPORT FORMULA

Glycemic Manager combines essential nutrients with botanical extracts designed to lessen the impact of foods with a high glycemic index and support healthy blood sugar metabolism.*

Superior Support for Healthy Glucose Metabolism

Key vitamins, minerals, and other nutrients in Glycemic Manager have been shown to support healthy blood sugar metabolism by enhancing the ability of cells to accept and convert glucose more efficiently.* This unique glucose control formula helps to move glucose from the blood to the body's cells, where it is used as a source of energy and as a metabolic intermediate.* Glycemic Manager contains myricetin, which has been shown to support healthy blood glucose metabolism in the post-prandial period.*

Glycemic Manager features:

- Chromium picolinate, a bioavailable form of chromium.
- Myricetin, a flavonoid that supports healthy insulin sensitivity.*
- B vitamins to restore those commonly depleted by oral diabetes medications, such as Metformin.*
- Magnesium, which has been shown to support healthy insulin response and utilization in the body.*



wheat free



gluten free



corn free



soy free



dairy free



vegetarian



GLYCEMIC MANAGER™

Background

Glycemic Manager™ glucose control formula combines essential nutrients with powerful botanicals long-used for their ability to promote healthy blood sugar metabolism.* This formula contains myricetin, a flavonoid that may help increase the rate of post-prandial glucose metabolism.* Glycemic Manager also contains 250 mcg of chromium, in the form of chromium picolinate,² a clinically effective level to support healthy glucose metabolism.*

How It Works

Glycemic Manager combines essential nutrients with powerful botanicals to support healthy blood sugar metabolism by enhancing the ability of cells to metabolize glucose more efficiently.*¹

The following chart summarizes the key benefits of selected ingredients in Glycemic Manager:

INGREDIENT	BENEFIT
Thiamin (Vitamin B1)	Vitamin B1 is a water-soluble B-complex vitamin necessary for proper carbohydrate metabolism.* ²
Niacinamide	Some research has shown that the niacinamide form of niacin supports healthy glucose metabolism.* ³ Niacinamide may help preserve some function of insulin-secreting cells.* ⁴
Vitamin B6	Vitamin B6 has been shown to be important for healthy glucose metabolism, with particular support indicated for nerve function.* ⁵⁻⁷ Vitamin B6 may also reduce the amount of glycosylation.* ⁸
Folic Acid	Supplemental folic acid may compensate for nutritional depletions caused by oral diabetes medications, such as metformin.* ^{9,3}
Vitamin B12	In combination with folic acid, supplemental vitamin B12 helps restore B vitamins commonly depleted by oral diabetes medications.* ^{9,3}
Biotin	Biotin is an essential coenzyme required to process glucose. Supplemental biotin has been shown to support healthy fasting glucose levels already within normal limits, as well as nerve function.* ^{10,11}
Magnesium	A constituent of many coenzymes that play a role in energy creation.* ¹² Magnesium status has been directly linked to insulin utilization by the body.* ^{13,14} Supplementation has been shown to enhance healthy insulin responses and support healthy glucose metabolism.* ^{15,16}
Zinc	Several studies document the important role that zinc plays in the regulation of insulin production by the pancreas as well as glucose utilization by cells.* ¹⁷
Chromium	A trace mineral widely distributed in nature, chromium is required for the synthesis of glucose tolerance factor (GTF), which is needed for proper glucose metabolism.* It enhances the effectiveness of insulin on carbohydrate metabolism.* ¹⁸ Chromium, and in particular chromium picolinate, has been shown in multiple controlled clinical trials to support healthy glucose metabolism.* ¹⁹⁻²⁷
Alpha-Lipoic Acid	Alpha-lipoic acid supports healthy glucose and insulin metabolism in the body and healthy nerve function.* ²⁸
Bitter Melon (<i>Momordica charantia</i>)	Bitter melon is a tropical vine from the Cucurbitaceae family and helps support healthy glucose metabolism.* ²⁹
Gymnema (<i>Gymnema sylvestree</i>)	Several studies have demonstrated that supplementation with <i>Gymnema sylvestree</i> supports healthy blood sugar metabolism.* ³⁰
Bilberry (<i>Vaccinium myrtillus</i>)	Anthocyanins, such as those present in bilberry, may help support healthy insulin secretion and eye health.* ³¹
Banaba (<i>Lagerstroemia speciosa</i>)	Banaba is a traditional Philippine herb that contains corosolic acid, a constituent believed to be important for the support of healthy glucose metabolism.* ³²
Vanadium (<i>as Vanadyl sulfate</i>)	Vanadium has demonstrated insulin-like effects in vitro and has supported healthy blood glucose metabolism in animals.* ³³
Myricetin (<i>Myrica cerifera</i>)	In animal research, myricetin has been shown to support healthy insulin sensitivity and glucose utilization by enhancing glycogen metabolism in hepatocytes.* ³⁴⁻³⁷

Conclusion

Glycemic Manager glucose control formula promotes optimal blood sugar metabolism by supporting a healthy glycemic response and insulin sensitivity.*

References

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Supplement Facts

Serving Size 2 tablets		Servings per container 30
Amount per 2 tablets	%DV**	
Calories	5	
Total Carbohydrate	1 g	<1%**
Thiamin (as thiamin HCl) (vitamin B1)	56 mg	3,733%
Riboflavin (vitamin B2)	56 mg	3,294%
Niacin (as niacinamide)	37 mg	185%
Vitamin B6 (as pyridoxine HCl)	63 mg	3,150%
Folic Acid	600 mcg	150%
Vitamin B12 (as cyanocobalamin)	375 mcg	6,250%
Biotin	400 mcg	133%
Pantothenic Acid (as calcium D-pantothenate)	37 mg	370%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc gluconate)	15 mg	100%
Copper (as copper gluconate)	1 mg	50%
Chromium (as chromium picolinate)	250 mcg	208%
Sodium	10 mg	<1%
Alpha Lipoic Acid	250 mg	***
Bitter Melon (<i>Momordica charantia</i>) Fruit Extract	200 mg	***
Gymnema (<i>Gymnema sylvestris</i>) Leaf Extract standardized to contain 25% gymnemic acids	200 mg	***
Myricetin (from <i>Myrica cerifera</i> leaf and bark)	100 mg	***
Choline Bitartrate	75 mg	***
Bilberry (<i>Vaccinium myrtillus</i>) Fruit Extract	40 mg	***
Banaba (<i>Lagerstroemia speciosa</i>) Leaf Extract standardized to contain 1% corosolic acids	30 mg	***
Vanadium (as vanadyl sulfate)	200 mcg	***

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

***Daily Value not established.

Other ingredients: cellulose, modified cellulose gum, stearic acid, silicon dioxide, modified cellulose, magnesium stearate, and glycerin.

Contains no: sugar, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin.

Recommendations: Take 2 tablets daily with food or as recommended by your healthcare professional.

Caution: If you are taking medication to control high blood sugar or have hypoglycemia (low blood sugar), please consult with your healthcare professional before using this product. Individuals who are pregnant, nursing, or taking prescription drugs should consult a healthcare professional before using this product.

Integrative Therapeutics	Natural Partners	Emerson Ecologics
60 CT - 74906	60 CT - IT0065	60 CT - GLY30

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Glycation Manager™

Glycation Manager is an exclusive combination designed to slow the formation of advanced glycation end-products (AGEs) and protein glycation associated with normal metabolism and aging.* The unique formulation features clinically studied levels of benfotiamine, a form of thiamine, chromium, and biotin, which have been shown to support healthy levels of hemoglobin A1c (HbA1c) and fructosamine,** two important indicators of glycation.*

- Promotes optimal blood lipid, glucose, and protein metabolism*
- Supports healthy metabolic function, circulatory health, and tissue function.*
- Features bioavailable Theracurmin®

#70675, 60 Veg capsules



**already within normal limits



UBQH™

In order to benefit the body, CoQ10 (ubiquinone) must be converted to its bioactive and reduced form— ubiquinol (QH). UBQH contains an active, stabilized ubiquinol in an exclusive, clinically studied delivery system. Studies have shown that in older individuals, supplementation with stable ubiquinol resulted in greater sustained plasma levels of the active form of CoQ10 (ubiquinol).¹ UBQH is ideal for:

- Patients requiring high doses of CoQ10.
- Genetically disadvantaged patients.*
- Patients for whom CoQ10 conversion may be problematic.

#770026 (50mg). 60 softgels; #76513 (100mg), 30 softgels; #76516 (100mg), 60 softgels



1. Unpublished data. Kaneka Corporation. July, 2004



Bilberry Extract

Bilberry extracts have been shown to support normal connective tissue integrity, especially in blood vessels and the eye.* Bilberry Extract is standardized to contain 25% anthocyanin flavonoids, which are among the most powerful botanical antioxidants known.*

#78586, 60 veg capsules



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.