Most environmental toxins and hormones are lipid-soluble and are stored in fat cells throughout the body, particularly in the liver. During periods of increased fat metabolism, such as that which occurs in detoxification or weight management programs, the liver often requires additional nutritional support.

**Physician-Developed Solution**

Lipotropic Complex is a high-potency, time-tested lipotropic combination including nutritional methyl donors, standardized milk thistle, botanical cholagogues, and other synergists. This unique formula promotes fat transport, supports hepatic detoxification processes, and promotes healthy bile flow to optimize the excretion of bound toxins, thereby supporting both cleansing and weight management regimens.*

**Synergistic Combination**

Liptropic Complex includes a comprehensive blend of liver supportive nutrients.* The formula features:

- Lipotropic Agents and Methyl Donors, such as choline and L-methionine, to promote the transport and utilization of fat.*
- Cholagogues, including dandelion, celandine, and fringe tree, to enhance bile production and secretion.*
- Hepatoprotectants, namely a standardized extract of milk thistle, to protect liver cell health.*