

IMMUNE SUPPORT

A healthy immune system is essential to overall health and well-being. A dynamic balance of cellular and humoral immune factors and proper nutrition helps support normal host defenses and responses to stress and environmental challenges.

Integrative Therapeutics™ offers a complete line of nutritional supplements designed to be integrated effectively with diet and lifestyle recommendations to support immune defenses proactively or as needed seasonally.* Our immune offering includes supplements to support general immune function, as well as respiratory, seasonal immunity, and cellular health.*

We have a variety of formulas to meet your unique practice goals and patient needs:

- Researched ingredients
- Various forms for improved compliance





EHB

Echinacosides, hydrastine, and berberine

EHB is a physician-formulated supplement that contains a proprietary blend of three types of Echinacea, standardized garlic, licorice, and other immune-supporting botanicals, plus vitamins and minerals to support a healthy immune system.*

Whole Echinacea helps support the production of B-cells, potentiates the function of macrophages, and activates blood and tissue phagocytes.*^{1,2} Goldenseal alkaloids, including berberine and hydrastine, support healthy immune responses.*³ Berberine also supports production of immunoglobulin (IgM), which is critical to intestinal defense.*³

- Helps strengthen immune defenses*
- Contains whole plant parts and extracts for maximum support

#166007, 60 Capsules



ESBERITOX®

Echinacea combination

Esberitox is a unique blend of *Thuja occidentalis* (white cedar leaf), *Baptisia tinctoria* (wild indigo), and *Echinacea purpurea* and *pallida*. The combination of herbs in Esberitox possesses a broader spectrum of activity than Echinacea alone and can support immune system function.*

This powerful combination promotes the body's protective functions by stimulating the production and activity of critical immune cells.*

- Top-selling remedy in Europe for over 90 years
- Does not interfere with commonly prescribed medications
- Delicious, chewable tablet that is effective for children

#79951, 100 Tablets



Adults	4-6 tablets, 3 times daily
Children	
Over 12 years	4-6 tablets, 3 times daily
Age 7-11	2-3 tablets, 3 times daily
Age 4-6	1-2 tablets, 3 times daily
Under 4 years	Consult a healthcare professional

References

1. Stimpel M, Proksch A, Wagner H, Lohmann-Matthes ML. *Infect Immun*.1984;46(3):845-9.
2. Roesler J, Emmendorffer A, Steinmüller C, Luettig B, Wagner H, Lohmann-Matthes ML. *Int J Immunopharmacol*. 1991;13(7):931-41.
3. Blumenthal M, ed. Goldenseal. In: *The ABC Clinical Guide to Herbs*. Austin, TX: American Botanical Council; 2003: 227-234.
4. Juergens UR, Engelen T, Racke K, Stober M, Gillissen A, Vetter H. *Pulm Pharmacol Ther*. 2004;17(5):281-7.

Supplement Facts

Serving Size 3 capsules Servings per container 20

Amount per 3 capsules		%DV
Total Carbohydrate	<1 g	<1%†
Vitamin A (50% beta-carotene as Betatene® mixed carotenoids and retinyl palmitate)	7,500 IU	150%
Vitamin C (ascorbic acid)	750 mg	1,250%
Vitamin B6 (as pyridoxine HCl)	37 mg	1,850%
Zinc (as zinc picolinate)	22 mg	147%
Echinacea Proprietary Blend: <i>E. angustifolia</i> Root Extract standardized to contain 4% echinacosides, <i>E. purpurea</i> Aerial Part Extract, <i>E. purpurea</i> Root Extract	525 mg	**
Deglycyrrhizinated Licorice (<i>Glycyrrhiza glabra</i>) Root Extract	150 mg	**
Garlic (<i>Allium sativum</i>) Bulb Extract	150 mg	**
Bromelain (2,400 G.D.U./g)	75 mg	**
Oregon Grape (<i>Mahonia aquifolium</i>) Root	75 mg	**
Goldenseal Proprietary Blend: <i>Hydrastis canadensis</i> root, <i>H. canadensis</i> root and rhizome extract standardized to contain 5% total alkaloids as berberine	52 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: gelatin (capsule)

Recommendations: Take 3 capsules daily or as recommended by your healthcare professional.

Warning: Do not use this product if pregnant or nursing. Do not use this product if you have a bleeding disorder, are taking blood thinning medication or are within a week of any surgical procedure. Not recommended for individuals with autoimmune conditions. Persons with allergies to plants of the *Asteraceae* (*Compositae*) family, including ragweed, should use this product with caution. If you have diabetes or are taking any medications, consult your healthcare professional prior to use.

Contains No: sugar, salt, yeast, wheat, soy, gluten, dairy products, artificial colors, flavors or preservatives.

Supplement Facts

Serving Size 6 chewable tablets
Servings per container 16

Amount per 6 chewable tablets		%DV**
Calories	5	
Total Carbohydrate	2 g	<1%**
Sugars	1.5 g	***
Dry Extract Blend of Wild indigo (<i>Baptisia tinctoria</i>) Root, <i>Echinacea purpurea</i> and <i>pallida</i> (Coneflower) Root, and <i>Thuja occidentalis</i> (White cedar) Leaf	19.2 mg	***

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: lactose (milk), sugar, macrogol, and magnesium stearate.

Recommendations: Take 6 tablets three times daily initially for faster results. Reduce to 4 tablets three times daily as you begin to feel better, or as recommended by your healthcare professional.

Caution: Not recommended for individuals with autoimmune diseases, HIV infection, progressive systemic disease, or who are allergic to echinacea or other flowers of the same *Compositae* (or *Asteraceae*) family, or who are taking cytostatic or immunosuppressive therapy. If pregnant, nursing, or taking prescription drugs, consult your healthcare professional prior to use. Hypersensitivity or gastrointestinal discomfort may occur. If you observe these or other side effects, discontinue use and consult a healthcare professional.

Contains No: salt, yeast, wheat, gluten, corn, soy, artificial coloring, artificial flavoring, or preservatives.

SAMBUCUS

Black elderberry syrup

For centuries, the dark berries of European black elder (*Sambucus nigra L.*) have been traditionally used as a winter remedy. Sambucus has been standardized for consistency and optimal effectiveness.

- Berry-flavored syrup well-tolerated in children ages two and up.
- Obtained from premium cultivar elderberries with higher naturally-occurring levels of active constituents (e.g., flavonoids)
- Each 100 mg serving provides the equivalent of 6.4 g (6,400 mg) of berries

#70653, 4 oz



gluten free

SOLEDUM™

Sinus formula

Soledum provides a unique and pure form of eucalyptus oil that supports sinus and respiratory health.* The oil extract contains at least 95% cineole, the key compound in eucalyptus. This non-drowsy formula works with the body to provide, clear respiratory comfort, help ease occasional irritation, and maintain clear bronchial passages.*

- Soothes and supports mucous membranes and sinus cavities*
- Maintains healthy sinus drainage and relieves occasional irritation*
- Promotes a healthy balance of cytokine compounds, in particular, leukotriene B4, prostaglandin E2, interleukin-1-beta, and tumor necrosis factor-alpha**

#79416, 60 Softgels



wheat free



gluten free



corn free



soy free



dairy free

IVY CALM®

Ivy leaf supplement

Ivy Calm contains a proprietary ivy extract to provide soothing support for optimal lung and bronchial passageway health.* Convenient, liquid form.

- Effective for children ages two and up

#78771, 100 ml



wheat free



gluten free



soy free



dairy free

Supplement Facts

Serving Size 2 teaspoons (10 mL)
Servings per container 12

Amount per 2 teaspoons	%DV*
Calories	31
Total Carbohydrate	7 g 3%*
Sugars	6 g **

Standardized Elderberry Extract 100 mg **
from 6.4 g (6,400 mg) of
premium cultivar berries

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: fructose, purified water, vegetable-source glycerin, malic acid, and natural raspberry flavor with other natural flavors

Recommendations: Adults take 2 teaspoons (10 mL) daily. Children take 1 teaspoon (5 mL) daily.

Intensive use: Adults take 2 teaspoons (10 mL) four times daily. Children take 1 teaspoon (5 mL) four times daily. Or take as recommended by your healthcare professional.

Contains No: gluten or preservatives

Supplement Facts

Serving Size 2 softgels Servings per container 30

Amount per 2 softgels	
SinuCheck® brand Eucalyptus	200 mg**
Globulus Oil Extract	

**Daily Value not established.

Other ingredients: gelatin, vegetable glycerin, sorbitol, modified cellulose, sodium alginate, medium chain triglycerides (coconut), oleic acid, candelilla wax, stearic acid, purified water, ammonium hydroxide

Contains tree nuts.

Recommendations: Take 2 softgels three times daily, or as recommended by your healthcare professional.

Caution: Keep out of the reach of children. Do not exceed recommended dosage. If symptoms persist beyond 10 days or worsen, consult your healthcare professional. If pregnant, nursing, or taking prescription drugs, consult your healthcare professional prior to use.

Contains No: sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial colors, flavors or preservatives.

Supplement Facts

Serving Size 2 teaspoons (10 mL)
Servings per container 12

Amount per 2 teaspoons	%DV**
Calories	10
Total Carbohydrate	2 g <1%**
Sugars	1 g ***

English Ivy (*Hedera helix*) Leaf Extract 86 mg ***
standardized to contain 9 mg of
hederacoside C

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

***Daily Value not established.

Other ingredients: purified water, cane sugar, glycerin, citric acid (preservative to maintain freshness), natural flavors, potassium sorbate (preservative to maintain freshness), ethyl alcohol

Recommendations: Take two to six times per day, as needed. **Adults:** 2 tsp (10 mL). **Children 6 years of age and older:** 1-1/2 tsp (7.5 mL). **Children 2 to 5 years of age:** 1 tsp (5 mL), or as recommended by your healthcare professional.

If pregnant, nursing or taking prescription drugs, consult your healthcare professional prior to use.

Contains No: salt, yeast, wheat, gluten, soy, dairy products, artificial colors, flavors or ingredients of animal origin.

FOR OVER 35 YEARS, OUR
DEDICATION TO SERVING
THE NEEDS OF HEALTHCARE
PROFESSIONALS AND
THEIR PATIENTS HAS
HELPED US BECOME THE
LEADING MANUFACTURER
OF SCIENCE-BASED
NUTRITIONAL SUPPLEMENTS.

At Integrative Therapeutics™,
we strive to provide you with the
research and resources you need to
make informed decisions about your
patients and your practice.

PROFESSIONAL RESOURCES

Patient-Centered Therapeutic Programs
Educational Downloads
Seminars
Product Literature
Drug-Nutrient Interaction Checker

