Description
Thyrosine Complex provides superior nutritional support for healthy thyroid gland function.* Research suggests that iodine, vitamin B12, the amino acid tyrosine, and trace minerals benefit the thyroid gland and enhance metabolism.1-5
Thyrosine Complex features:
- High quality glandular extracts
- Trace minerals for synergistic health support*
- Scientifically studied nutrients
Thyrosine Complex enhances thyroid health and supports healthy basal metabolism.*

How It Works
Under the direction of the pituitary gland (the body’s master gland), the thyroid regulates all metabolic processes. The thyroid gland absorbs iodine and combines it with the amino acid L-tyrosine to produce the thyroid hormones thyroxine (T3) and triiodothyronine (T4). Once released into the bloodstream, T3 and T4 are transported throughout the body to regulate body weight, energy level, muscle strength, skin health, menstrual cycle, memory, heart rate, cholesterol level, and many other important functions.1 Research has shown that healthy thyroid function is important for immune and cardiac health, as well as healthy aging.6,7

Thyrosine Complex contains:
- L-Tyrosine - This amino acid is important for the production of thyroid hormones. It is combined with iodine to produce the thyroid hormones thyroxine (T4) and triiodothyronine (T3).8
- Iodine - This is a critical component of thyroid hormone production.9
- Zinc and Copper - These trace minerals support healthy metabolic processes and immune system responses.10
- Cognitive Function - Thyroid makes the thyroid hormones - thyroxine (T4) and triiodothyronine (T3) to meet demands of metabolism.10

Ingredient Benefit

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Benefit</th>
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<tbody>
<tr>
<td>Vitamin B12</td>
<td>This essential nutrient supports healthy human energy production.</td>
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<tr>
<td>Iodine</td>
<td>Unlike iron and other minerals, iodine is not conserved in the body.</td>
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<td>Magnesium and Zinc</td>
<td>Magnesium supplementation supports healthy levels of T4.11 Serum Zinc concentrations have been found to correlate well with T3 and T4 levels.12</td>
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<tr>
<td>L-Tyrosine</td>
<td>This important amino acid is combined with iodine for the production of thyroid hormones - thyroxine (T4) and triiodothyronine (T3).11</td>
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<td>Multi-Glandular</td>
<td>Glandular extracts provide nutritional support for healthy metabolism</td>
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<tr>
<td>Thyroid (thyroxin-free)</td>
<td>Thyroid extracts provide nutritional support of healthy thyroid function.</td>
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Conclusion
Thyrosine Complex provides optimal nutrition for proper thyroid gland functioning. By providing the exact nutrients the thyroid needs to make vital thyroid hormones, Thyrosine Complex supports healthy metabolism and energy production.*

References